

# Renew Wellbeing

at Market Harborough Baptist Church

Quiet shared spaces where it's  
OK not to be OK



Café  
style  
space



Crafts  
hobbies  
activities



In partnership  
with health  
professionals



All equally  
valued and  
welcome



Quiet  
prayerful  
spaces



Names  
not  
labels



In the  
local  
church

Tuesdays, 9.30am-12noon  
Thursdays, 1-4pm

25 Coventry Road, Market Harborough, LE16 9BX  
(Manor Walk entrance, opposite the COOP)

~ Beginning Tuesday 21<sup>st</sup> September ~

For more information contact [admin@mhbaptistchurch.org](mailto:admin@mhbaptistchurch.org),  
or visit [www.mhbaptistchurch.org/renew-wellbeing](http://www.mhbaptistchurch.org/renew-wellbeing)